

Self-directed Support Preparation Session

Are you ready for Self-Directed Support (SDS)?



By law, if you're eligible for social care support, you can now get greater choice and control over how you receive these services. Support services can be 'personalised' to your individual needs and wishes. You're also entitled to an assessment for SDS if you're an unpaid carer. Self-Directed Support is not a welfare benefit and is not seen as income. Getting Self-Directed Support should have no impact on receiving benefits

If you've already been assessed for Self-Directed Support or are waiting for an assessment, Glasgow Centre for Inclusive Living are running **free SDS Preparation sessions** which aim to help with:

- Getting ready for Social Work assessments
- Finding out what is important to people with social care needs and their families
- Planning how to use the available money to get the life you want.

SDS Preparation Session	
Date	Thursday 28 th March
Time	11am – 1pm
Venue	Glasgow Centre for Inclusive Living 117 – 127 Brook Street G40 3AP

Refreshments are provided and **we can arrange free transport for you there and back upon request. We can also provide this session on an individual, one-to-one basis if you would prefer.**

To book a free space please call 0141 550 4455 and ask to speak to either Michelle/Alasdair or email alasdair@gcil.org.uk