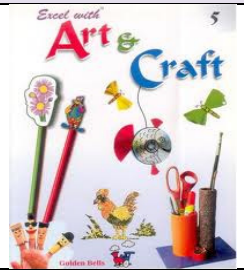
Fair Deal Social and Leisure Programme
2nd April 2012-24 June 2012

YOUR NAME: _____

	What's on?	**Cost Per session**	**Please tell us what you want to come to and if you want lunch**	**How will you pay for your activity?**
	Arts & Crafts 10.30-12.30 Jenniburn Centre 370 Tormusk Road, Castlemilk, Glasgow G45 0HE	£18.50 for 2 hour session	Without Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Monday afternoon: Zumba Classes with Tracy Dunn 2.15pm - 3.15pm Birgidale Complex 10 Stravanan Street G45 9LW	£6.57 for a one hour session	Without Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Tuesday Afternoon: 12 noon Lunch followed by Gardening Group with Willie 1pm—3.00pm David Cargill Centre	£9.60 for 2 hour session without lunch £14.60 for 2 hour session with lunch	Without Lunch ☐ With Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
AMF	Tuesday Night Bowling League 5.15pm AMF Bowling Unit 2, The Quay, 1-39 Springfield Quay, Glasgow G5 8NP	£4.50 for 2 games		Cash on the night ☐

	Wednesday Morning: Music Group 10am - 12noon Including lunch David Cargill Centre	£11.05 for 2 hour session without lunch £16.05 for 2 hour session with lunch	Without Lunch ☐ With Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Wednesday Afternoon: Music Group 1.30-3.30pm Including lunch David Cargill Centre	£11.05 for 2 hour session without lunch £16.05 for 2 hour session with lunch	Without Lunch ☐ With Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Wednesday Afternoon: 12 noon Lunch followed by1.30pm - 2.30pm keep fit with Carol David Cargill Centre	£6.57 for one hour session without lunch £11.57 for one hour session with lunch	Without Lunch ☐ With Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Wednesday Afternoon: Newsletter Group 1-3pm Jenniburn Centre, 370 Tormusk Road, Castlemilk, Glasgow G45 0HE	£8.13 for two hour session	Without Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Wednesday Night: 5 aside Football 7-8pm Castlemilk Sports Centre Dougrie Road, Castlemilk G45 9NH Tel: 0141 276 0725	£5.00 per game	Without Lunch ☐	Cash Payment on the night ☐
	Thursday all day 10am—3.00pm including lunch Games day—bowls/darts/snooker etc David Cargill Centre	£18.00 for 5 hour session without lunch £23.00 for 5 hour session with lunch	Without Lunch ☐ With Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐

	Thursday Evening: Music Group 6.30-8.30pm 341 Caledonia Road Community Room, Gorbals, G5	£11.05 for 2 hour session	Without Lunch ☐	Funded through my Outcome Based Support Plan ☐ Using my support hours ☐ By Invoice ☐
	Social Nights/Discos Disco - 20th April 2012 in the Birgidale Complex Castlemilk. We have various other social events throughout the year. If you like meeting new people and having fun get in touch with us on 0141 634 4996.	Most tickets cost £5-£6, prices for other social events may vary.	Would you be interested in our social nights? YES ☐ NO ☐	Tickets for our social nights/discos need to be paid in cash to Fair Deal's main office.
	Wii Competition Nights We hold every few months, we will write out to everyone letting them know the dates.	Wii nights are free of charge!	Would you be interested in our Wii competition nights? YES ☐ NO ☐	

Future Fair Deal Social & Leisure Programme Activities:

Digi Walk: We are looking to get a Mobile Digital Photography Group up & running. Are you interested in improving your fitness levels whilst learning about photography and building up a portfolio of your work? If you have answered yes we want to hear from you! Would you be interested in joining our Mobile Digital Photography Group
YES ☐ NO ☐

Cycling Group: We are looking to get a Cycling Group up & running. Are you interested in learning to ride a bike or to improve your cycling skills? If you have answered yes we want to hear from you! Would you be interested in joining our Cycling Group YES ☐ NO ☐

Dance Group: We are looking to start a Dance Group. Are you an experienced dancer or do you want to try something new? If you are interested we want to hear from you!
Would you be interested in joining a Dance Group YES ☐ NO ☐

Is there something you really want to do? You maybe want to learn how to cook, dance or even ride horses, we can find activities and classes that you can go along to on your own or with someone else. We can look into what you are interested in doing and find out how you can go along and how much it would cost you. Just tell us in the space below what you are interested in and give us a call on 0141 634 4996 to talk it over:

I would like to _____

_____

_____

_____

_____

Other places/activities you might be interested in:

Sunday Lunch Club: The Sunday Lunch Club in Gorbals has been running for 10 years. They have asked us to let you know that you would be welcome to come along from 1-4pm every Sunday for a 3 course home cooked lunch and a game of bingo. The cost for the lunch is £3.00 and bingo costs £1.00 per game. Tea/coffee and juice is 50p. If you fancy going to the lunch club then just go along on a Sunday at 1pm. The club is based in 341 Caledonia Road Community Room, 341 Caledonia Road (high flats) Gorbals, Glasgow G5. Bus numbers 267 and 20 stop right outside the building.

The Blether Drop in Cafe: The Blether is a brand new cafe based in the Toryglen Parish Church. They have asked us to let you know that you would be welcome to come along Monday-Friday from 8am-3pm. The cafe serves filled rolls, full breakfasts, cakes and pastries, snacks and meals. The Church is in Glenmore Avenue, Toryglen, Glasgow, G42. Just pop along Monday-Friday if you fancy it.